



## NSS ANNUAL REPORT 2019-20

	IN	SIGHT DAY 1	
Venue:St. Johns	Date:04/07/2019 Time: Duration:1 hr	No of participants:4	Type of Activity:Cmty

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

-A. P. J. Abdul Kalam

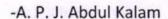


Reaffirming its stand that Education is the best solution to poverty and development, NSS SCTCE in association with Insight project decided to embark on a journey to educate the students of schools on the importance of Mathematics and the means to easily understand and apply mathematics which would exponentially assist them in their higher education. The volunteers of NSS SCTCE were explicitly trained to enlighten the minds of the students to make the students fall in love with this subject. The project was carried out for several days covering vast topics like algebra, integers, fractions, decimals among others. The project helped the students as well as contributed to reshaping the younger generation of the country.

PRINCIPAL
Sree Chitra Thirunal
College of Engineering
Trivandrum - 18

	IN	SIGHT DAY 1	
Venue:St. Johns	Date:05/07/2019 Time: Duration:1 hr	No of participants:4	Type of Activity:Cmty

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.







## HELP DESK DAY 1 Date:09/07/2019 No of participants:3 Type of Activity:Cmty Duration:6hrs

### Details

Venue:SCTCE

"There is no exercise better for the heart than reaching down and lifting people up."

— John Holmes



NSS SCTCE organized a help desk at the campus on 9/07/2019 at the college premises intended to be beneficial for the students who are new to the world of a college education. The volunteers of NSS SCTCE mingled with the freshers putting them at ease while providing them insight into the working of the college as well as the various conducts expected of them in the college. The help desk helped the students get adjusted to the institution and enabled them to complete the registration procedures dismissing the complexities that the freshers might have endured. Reaffirming its stand on a Greener Future, NSS SCTCE distributed seeds to the new students.



### **HELP DESK DAY 2**

Venue:SCTCE

Date: 10/07/2019

Time:09:30am-3.30pm

Duration:6hrs

No of participants:4

Type of

Activity: Cmty

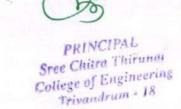
Details

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— John Holmes



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## Venue:St. Johns Date:10/07/2019 Time: Duration:1 hr No of participants:2 Activity:Cmty

### Details

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### -A. P. J. Abdul Kalam

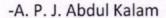


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	IN	SIGHT DAY 3	
Venue:St. Johns	Date:11/07/2019 Time: Duration:1 hr	No of participants:1	Type of Activity:Cmty

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## Venue:St. Johns Date:12/07/2019 Time: Duration:1 hr No of participants:1 Activity:Cmty

### **Details**

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-A. P. J. Abdul Kalam





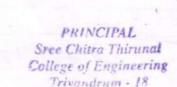
### INSIGHT DAY 6 Date:18/07/2019 Venue:St. Johns Duration:1 hr No of participants:2 Activity:Cmty

### Details

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

### -A. P. J. Abdul Kalam







INSIGHT DAY 7				
Venue:St. Johns	Date:19/07/2019 Time: Duration:1 hr	No of participants:1	Type of Activity:Cmty	

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

### -A. P. J. Abdul Kalam





### TSL DAY 1 No of participants:8 Type of Activity:Cmty

Venue:Central Stadium

Date:26/07/2019 No. Time:08:00am-02:00pm

Duration:6 hrs

### **Details**



"Everyone has the fire, but the champions know when to ignite the spark."

— Amit Ray

NSS SCTCE in association with Trivandrum District Roller Skating Association conducted a skating competition for the skaters hailing from various districts of Kerala. The event was held at Central Stadium. The volunteers ensured the smooth functioning of the program aiding the officials in ensuring that the events are conducted fairly. Various dignitaries were present during the events. The presence of the volunteers enhanced the capabilities of the officials as well as provided relief and help to the participants.



	TSI	L DAY 2	
Venue:Central Stadium	Date:27/07/2019 Time:08:00am-02:00pm Duration:6 hrs	No of participants:8	Type of Activity:Cmty



"Everyone has the fire, but the champions know when to ignite the spark."

— Amit Ray

NSS SCTCE in association with Trivandrum District Roller Skating Association conducted a skating competition for the skaters hailing from various districts of Kerala. The event was held at Central Stadium. The volunteers ensured the smooth functioning of the program aiding the officials in ensuring that the events are conducted fairly. Various dignitaries were present during the events. The presence of the volunteers enhanced the capabilities of the officials as well as provided relief and help to the participants.

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THIRUVANANTHAPUT

### TSL DAY 3 Type of Date:28/07/2019 No of participants:8 Venue: Central Time:08:00am-02:00pm Activity: Cmty Duration: 6 hrs

### Details



Stadium

"Everyone has the fire, but the champions know when to ignite the spark." — Amit Ray

NSS SCTCE in association with Trivandrum District Roller Skating Association conducted a skating competition for the skaters hailing from various districts of Kerala. The event was held at Central Stadium. The volunteers ensured the smooth functioning of the program aiding the officials in ensuring that the events are conducted fairly. Various dignitaries were present during the events. The presence of the volunteers enhanced the capabilities of the officials as well as provided relief and help to the participants.

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### HOME FOR HOMELESS NSS SCTCE

(UNIT NO.-225,527)

NSS-SCTCE as a part of it's\*'Home for Homeless'\* project finished building a home for Sunitha Kumari, a resident of Kanjiram kulam and her three daughters.

Debilitated by blindness since birth made worse by the on set of several acute illnesses later, Sunitha Kumari lived a life fraught with difficulties. The design was provided by Habitat Technology group. To mark the completion of this project, a key handing ceremony was held on 29<sup>th</sup> July 2019. The ceremony was graced with the presence of several dignitaries.

The presidential address was given by the honourable Nemom MLA Shri O. Rajagopal. The key was handed over by the honourable Neyyatinkara MLA Shri K Ansalan and the monthly provisioncy kit was handed over by Padmshree Shri.G Sankar, founder and chairman of habitat technology group.

NSS regional director sri Sajith Babu addressed the students and handed over momentos to two ex volunteers, who had actively lead the project towards its completion.

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THIRD THIRD WALLES

	<u>II</u>	NSIGHT DAY 8	
Venue:Cotton Hill	Date:01/08/2019 Time: Duration:1 hr	No of participants:3	Type of Activity:Cmty

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

-A. P. J. Abdul Kalam





	IN	SIGHT DAY 9	
Venue:St.Johns	Date:06/08/2019 Time: Duration:1 hr	No of participants:2	Type of Activity:Cmty

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### HIROSHIMA DAY

Venue:SCTCE

Date: 10/07/2019

Time:04:30pm-05.30pm

Duration:1hr

No of participants:78

Type of

Activity:Campus

### Details



"I destroy my enemies when I make them my friends."
-Abraham Lincoln

Reaffirming their stand on peace and happiness, The volunteers of NSS SCTCE remembered the civilians of Hiroshima who became victims when Hiroshima was devastated by "Little Boy". Standing in solidarity for the victims, Hiroshima day was observed on 06/08/2019 at the college premises. NSS SCTCE remembered Sadako Sasaki who succumbed to leukemia in the aftermath of the nuclear explosion. The volunteers made paper cranes in the memory of Sadako who made paper cranes to pray for her life. The volunteers expressed their willingness to work for establishing peace in the world.

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	SEED GIV	ING PROGRAM	
Venue:SCTCE	Date:07/08/2019 Time:4.30pm-5.30pm Duration:1 hr	No of participants:53	Type of Activity:Campus

"The ultimate goal of farming is not the growing of crops, but the cultivation and perfection of human beings."

---Masanobu Fukuoka

NSS SCTCE organized a program in which seeds were distributed to second-year students on the 7th of August 2019 from 4.30pm to 5.30 pm at the college premises. The event was organized to promote agricultural habits among the younger generation. The students were provided with seeds that they could cultivate which would provide a yield during the Onam Festival that could curtail the dependency of the state on food imports from other states. The participants were enthusiastic and were determined to make the change in the society.

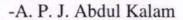
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### Venue:St.Johns Date:07/08/2019 No of participants:2 Type of Activity:Cmty Duration:1 hr

### Details

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CODE THRUVAN

### FLOOD RELIEF DAY 1

Venue:SCTCE

Date:11/08/2019

Time:10:00am-04:00pm

Duration:6hrs

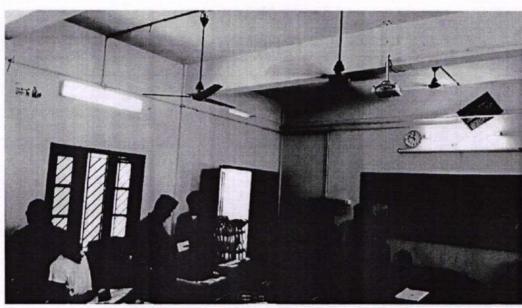
No of participants:

Type of

Activity: Campus

### **Details**

"The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well."



RalphWaldoEmerson

NSS SCTCE conducted a collection drive for the accumulation of vital materials so that they could be transported to flood-affected regions of the state. The drive was conducted on 11/08/2019 at SCTCE from 10:00 am to 04:00 pm. The volunteers actively took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.

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### FLOOD RELIEF DAY 2

Venue:SCTCE

Date:12/08/2019

Time:10:00am-04:00pm

Duration:6hrs

No of participants:

Type of

Activity: Campus

at SHILLEGE DE

### **Details**

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

### - Barack Obama



NSS SCTCE conducted a collection drive for the accumulation of vital materials so that they could be transported to flood-affected regions of the state. The drive was conducted on 12/08/2019 at SCTCE from 10:00 am to 04:00 pm. The volunteers actively took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.

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### FLOOD RELIEF DAY 2

Venue:SCTCE

Date:13/08/2019

Time:04:30pm-05:30pm

Duration:1hr

No of participants:

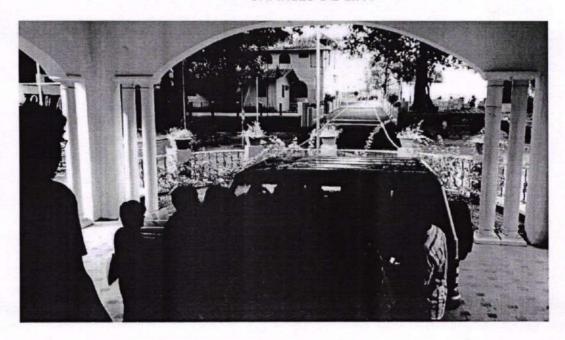
Type of

Activity: Campus

### **Details**

"I don't want to live in the kind of world where we don't look out for each other. Not just the people that are close to us, but anybody who needs a helping hand. I cant change the way anybody else thinks, or what they choose to do, but I can do my bit."

### - CHARLES DE LINT



NSS SCTCE conducted a collection drive for the accumulation of vital materials so that they could be transported to flood-affected regions of the state. The drive was conducted on 12/08/2019 at SCTCE from 10:00 am to 04:00 pm. The volunteers actively took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.





### **YOUTH DAY**

Venue:SCTCE

Date:14/08/2019

Time:03:00pm-04:00pm

Duration:1 hr

No of participants:

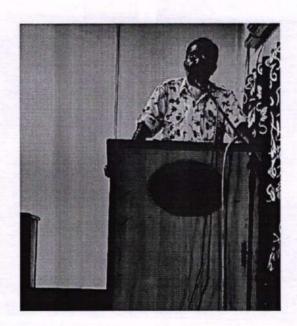
Type of

Activity:Ortn

### **Details**

Every form of addiction is bad, no matter whether the narcotic be alcohol or morphine or idealism.

-Carl Jung



NSS SCTCE celebrated Anti-Narcotics day on 14/08/2019 from 3 pm to 4 pm at the college premises to combat the use of narcotics among the younger generation of the country. The volunteers were enlightened by the presence of Director General of Prisons Department, Rishi Raj Singh IPS which reinforced the morale of the participants. The participants were alarmed when they became aware that the drug cartels were used to fund terrorism aside from the heinous effects it does to an individual and the society. The volunteers pledged to fight against this and eradicate such social evil.



### INDEPENDENCE DAY

Date: 15/08/2019

Venue:SCTCE | Time:08:30am-09:30am

Duration:1hr

No of participants:40

Type of

PAPPANAMCODE,

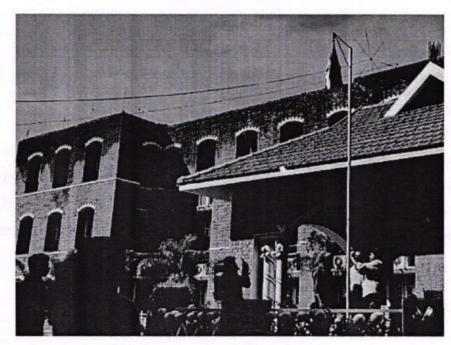
Activity: Campus

### Details

"If yet your blood does not rage, then it is water that flows in your veins. For what is the flush of youth, if it is not of service to the motherland."

--Chandra Shekhar

Azad



NSS SCTCE celebrated Independence day to commemorate the 73rd Independence day of India. The program was conducted at SCTCE from 08:30 am to 09:30 am. The flag was hoisted by the Principal of SCTCE in the presence of Program Officers as well as NSS volunteers. Sweets were distributed among the students to celebrate the beautiful event in Indian history. The participants saluted the sacrifices that were made by freedom fighters to achieve this Independence. The volunteers pledged that they would make India proud.

### FIRST YEAR ORIENTATION

Venue:SCTCE

Date:15/08/2019

Time:10:00am-12:30pm

Duration:2.5hrs

No of participants:

Type of

Activity:ORTN

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### **Details**

"There is nothing more beautiful than someone who goes out of their way to make life beautiful for others."

### - Mandy Hale

NSS SCTCE organized an orientation program for first-year students at the college premise on 15/08/2019 from 10:00 am to 12:30 pm. The program was conducted to educate the first years about the roles of an NSS volunteer. The event helped to broaden the insight of the students about NSS and further enticed their interests. The students were also enlightened about Insight and other programs which will help them as well as society. The volunteers were thrilled and actively participated in the event.

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# Venue: Asha Bhavan Date: 15/08/2019 Time: 10:00am-02:00pm Duration: 4hrs No of participants: 40 Activity: CMTY

### Details

"There is no exercise better for the heart than reaching down and lifting people up."

- John Holmes



NSS SCTCE visited Asha Bhavan as part of Independence day celebrations on 15/08/2019 from 10:00 am to 02:00 pm. The volunteers of NSS SCTCE interacted with the inmates of Asha Bhavan bringing joy to their lives. The event comprised of various performances from the residents of Asha Bhavan as well as from the volunteers of NSS SCTCE. The program became special to the volunteers as they witnessed the reunion of various families. The volunteers realized the importance of interacting with society and were grateful to Team Asha Bhavan.

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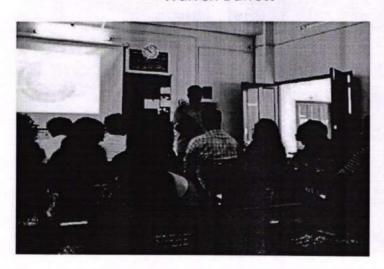
### PO ORIENTATION FOR SECOND YEARS Date:17/08/2019 Time:09:30am-10:30pm Duration:1hr No of participants:38 Type of Activity:ORTN

### **Details**

Venue:SCTCE

"If you're in the luckiest one per cent of humanity, you owe it to the rest of humanity to think about the other 99 per cent."

### - Warren Buffett



NSS SCTCE coordinated an orientation program for the second year volunteers on 17/08/2019 from 09:30 am to 10:30 am at the college. The program was conducted by Program Officer, Rejimoan R. The volunteers were enlightened of their roles since they are officially enrolled in NSS. The activities of NSS were appraised to the students. The volunteers interacted with the Program Officer on various ideas and cleared their doubts about the activities of the organization. The orientation was in line with the vision of NSS of an interactive and helping society.

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	NOTICE DIST	RIBUTION	
Venue:PAPPANAMCODE	Date:17/08/2019 Time:10:30am- 12:30pm Duration:2hrs	No of participants:45	Type of Activity:CMTY

"You have not lived today until you have done something for someone who can never repay you."

- John Bunyan

NSS SCTCE coordinated a notice distribution program on 17/08/2019 from 10:30 am to 12:30 pm at the Pappanamcode area. The notice distribution was conducted as part of the medical camp to be conducted on 18/08/2019. The volunteers distributed the notices to the residents living nearing SCT College to inform them of the medical camp that was to be held the next day. The medical camp was in line with the vision of NSS SCTCE to contribute to a better society. The volunteers were aware of their role and executed it perfectly.

Marie Breeze



### **NOTICE DISTRIBUTION**

Venue:SCTCE

Date:18/08/2019

Time:09:00sm-01:00pm

Duration:4hrs

No of participants:28

Type of

Activity: CMTY

### **Details**

"Time is shortening. But every day that I challenge this cancer and survive is a victory for me."



IngridBergman

NSS SCTCE organized a free cancer checkup program at SCTCE on 18/08/2019 from 09:00 am to 01:00 pm. The event was conducted in association with Y's Mens Club of Trivandrum. A cancer awareness session was also conducted along with the checkup program to increase the awareness of cancer among society. The session highlighted the ways to prevent and reduce the risk of cancer along with ways to combat it. The volunteers of NSS SCTCE were paramount in the success of the camp. The participants were helped and the decorum of the camp was maintained by the volunteers. The camp was in line with the vision of NSS SCTCE of a healthier and greener society.

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### OFFICE HOLDERS CEREMONY

Venue:SCTCE Ti

Date: 19/08/19

Time:04:30pm-05:30pm

Duration:1 hr

No of participants:

Type of

Activity: Campus

### **Details**

"The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."

### - Ronald Reagan



The new officers of NSS SCTCE were elected on 19/08/19 at a function organized by NSS SCTCE on the college premises. The new officers expressed their gratitude towards NSS for considering them adept enough to steer the organization to new heights. The ceremony was held in the presence of Program Officer Subha. The officers were briefed about their duties by the parting officers who expressed their confidence in them. The volunteers of NSS SCTCE applauded and assured their continued support to the representatives.

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## Venue:SCTCE Date:21/08/19 No of participants: Type of Activity:ORTN Duration:1 hr

### **Details**

"You have not lived today until you have done something for someone who can never repay you. "

- John Bunyan



Reaffirming its vision of contributing to making the world a better place, NSS SCTCE coordinated an awareness camp on Stem Cell donation on 21/08/19 from 01:00 pm to 02:00 pm at the college premises. The volunteers of NSS SCTCE were briefed about the benefits of Stem Cell and the importance of Stem Cell Donation in modern treatment. The volunteers acknowledged the relevance of Stem cell donation and vowed to support the donation of the same on the campus during the donation camp to be held the next day. The awareness class was conducted in lieu of the goal of NSS SCTCE of a greener and a safer world.



### STEM CELL DONATION REGISTRATION

Date:22/08/19

Venue:SCTCE | Time:01:00pm-02:00pm

Duration:1 hr

No of participants:

Type of

Activity: Campus

### Details

"It's not how much we give but how much love we put into giving."



-Mother Teresa

Reaffirming its vision of contributing to making the world a better place, NSS SCTCE coordinated a Stem Cell Donation Registration camp on 22/08/19 from 01:00 pm to 02:00 pm at the college premises. The volunteers of NSS SCTCE aided the participants in the registration of Stem Cell Donation and ensured the successful culmination of the event. The volunteers of NSS SCTCE were briefed about the benefits of Stem Cell and the importance of Stem Cell Donation in modern treatment. The volunteers acknowledged the relevance of Stem cell donation and vowed to support the donation of the same on the campus during the donation camp to be held the next day. The donation camp was conducted in lieu of the goal of NSS SCTCE of a greener and a safer WAL GULLERE BE world.

### **JALASAMIRDHI**

Date:28/08/19

Venue:Kattakkada Time:09:00am-03:00pm

Duration:6 hrs

No of participants:

Type of

Activity: CMTY

### Details



"Thousands Have Lived Without Love, Not One Without Water"

-W.H.Auden

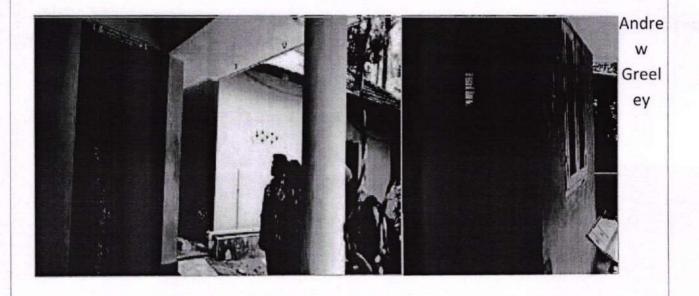
NSS SCTCE participated in the Jalasamridhi program conducted by the Government of Kerala at Killi Kattakada on 28/08/19 from 09:00 am to 04:00 pm. The program emphasized the importance of water conservation and the consequences that might be endured if conservation is neglected. Various dignitaries like the Education Minister C. Raveendranath, I B Sathish MLA, K Gopalakrishnan IAS, etc made the event memorable. The dignitaries interacted with the students about the various issues related to water and agreed to take further steps to eradicate wastage and pollution of water. The program was in lieu of the vision of NSS SCTCE of a greener and safer environment with minimal pollution.

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	SUR	<u>VEY</u>	
Venue:Poonkulam	Date:31/08/19 Time:08:30am-01:30pm Duration:5 hrs	No of participants: 18	Type of Activity:CMTY

"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort."



NSS SCTCE coordinated a survey at poonkulam ward on 31/08/19 from 08:30 am to 01:30 pm. The survey was conducted in association with Trivandrum cooperation as part of the Trivandrum Master Plan. The volunteers addressed the queries of the residents of Poonkulam ward as well as taking their data required for the survey. The feedback from the residents was also included in the survey. The volunteers of NSS

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### **ORIENTATION WITH INFOSYS**

Venue:SCTCE

Date:03/09/19

Time:04:30pm-05:30pm

Duration:1 hr

No of participants:

Type of

Activity:ORTN

TURNAMANTHAFURAN

### Details

"The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well."

RalphWaldoEmerson

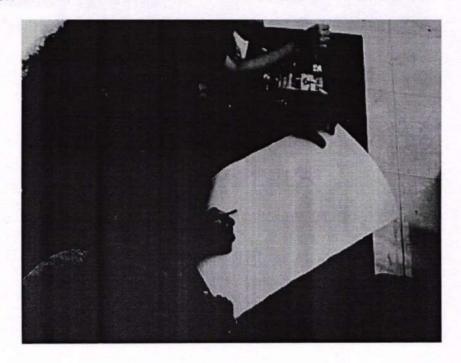
NSS SCTCE conducted an orientation program on 03/09/19 from 04:30 pm to 05:30 pm at the college premises. The event was coordinated in association with team Aagaaz of Infosys. The volunteers were briefed by the team about the social works undertaken by team Aagaaz. The interactive program was conducted with the idea of converting the ideas of the students into a reality. The volunteers of NSS SCTCE provided a plethora of ideas that were acknowledged by the team. The volunteers assured their support for social works to the team. The event was in line with the vision of NSS SCTCE of contributing to a happier and greener world.

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	GREETING	CARD MAKING	
Venue:SCTCE	Date:04/09/19 Time:04:30pm-06:30pm Duration:2hrs	No of participants:	Type of Activity:Campus

"A teacher is a compass that activates the magnets of curiosity, knowledge, and wisdom in the pupils."

### -Ever Garrison



NSS SCTCE organized a greeting card making program on 04/09/19 from 04:30 pm to 06:30 pm in the college premises. The program was conducted to create wonderful greeting cards that could be presented to the fabulous teachers of the college. The volunteers made the program extraordinary with their creative ideas. The program was in lieu with the mission of NSS SCTCE of respecting the mentors and educators of the society.

- Bo

## **BLOOD DONATION CAMP**

Venue:SCTCE

Date: 05/09/2019

Time:09:30 am- 01:30 pm

Duration: 4 hrs

No of participants:

Type of

Activity: Campus

## Details



"A single pint can save three lives, a single gesture can create a million smiles"

NSS SCTCE in association with Trivandrum Medical College coordinated a blood donation camp on 05/09/19 from 09:30 am to 01:30 pm at the college premises. The camp was conducted to celebrate Teachers Day. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. Teachers, as well as students of the College, participated in the camp resulting in the immense success of the camp. The camp paved a way to encourage voluntary blood donation in line with the mission of NSS SCTCE of a healthier and safer country. The doctors expressed their gratitude for the success of the camp.

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## TEACHER'S DAY CELEBRATIONS

Date:05/09/19

Venue:SCTCE | Time:01:30pm-02:30pm

Duration:1hr

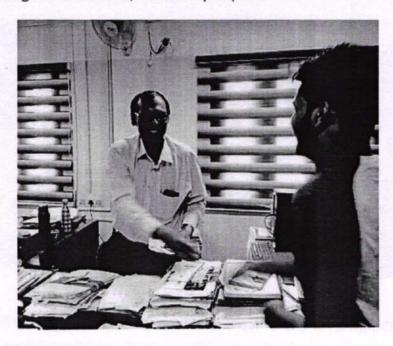
No of participants:

Type of

Activity: Campus

## Details

"If you are planning for a year, sow rice; if you are planning for a decade, plant trees; if you are planning for a lifetime, educate people."



NSS SCTCE celebrated Teacher's day on 05/09/19 from 01:30 pm to 02:30 pm at the college premises. The volunteers of NSS SCTCE gifted greeting cards to the teachers of the college on this auspicious day. The greeting cards were prepared by the volunteers themselves and were full of the love of the volunteers. The volunteers ensured that the cards reached all the teachers and went on an extra mile to make them realize how important they are. The program was in line with the mission of NSS SCTCE of promoting happiness and respecting others.

## **OLD AGE HOME VISIT- ONASADHYA**

Venue:SREEKARYAM Time:08:30am-

Date:09/09/19

01:30pm

Duration:5hrs

No of participants:

Type of

Activity: CMTY

## Details



NSS SCTCE celebrated Onam with the inmates of Karunya Bhavan, Sreekariyam on 09/09/19 from 08:30 am to 01:30 pm. The volunteers prepared Onasadhya for the inmates at the college premises which were then transported to Karunya Bhavan. The volunteers engaged with the residents playing games with them, singing songs and various other activities. The residents mingled with the participants sharing their life experience. The volunteers served food to the residents of Karunya Bhavan and ensured that they had a great day. Prizes were provided to the winners of the games. The authorities of the institution were grateful to NSS SCTCE for organizing such an event.



## SURVEY- POONKULAM WARD DAY 1 Date: 14/09/19 Time:09:00 am-03:00 pm Duration: 6 hrs Type of Activity: CMTY

## Details

"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort."

## -Andrew Greeley

NSS SCTCE coordinated a survey at Poonkulam ward on 14/09/19 from 09:00 am to 03:00 pm. The survey was conducted in association with Trivandrum cooperation as part of the Trivandrum Master Plan. The volunteers addressed the queries of the residents of Poonkulam ward as well as taking their data required for the survey. The feedback from the residents was also included in the survey. The volunteers of NSS SCTCE ensured the successful culmination of the survey. The survey was a part of the vision of NSS SCTCE of a developed and greener country.



## SURVEY- POONKULAM WARD DAY 2 Date: 15/09/19 Time:09:00 am-01:00 pm Duration: 4 hrs No of participants: Type of Activity: CMTY

## **Details**

"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort."

## -Andrew Greeley

NSS SCTCE coordinated a survey at Poonkulam ward on 15/09/19 from 09:00 am to 01:00 pm. The survey was conducted in association with Trivandrum cooperation as part of the Trivandrum Master Plan. The volunteers addressed the queries of the residents of Poonkulam ward as well as taking their data required for the survey. The feedback from the residents was also included in the survey. The volunteers of NSS SCTCE ensured the successful culmination of the survey. The survey was a part of the vision of NSS SCTCE of a developed and greener country.

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## **OZONE DAY**

Venue:SCTCE

Date:17/09/19

Time:12:30pm-01:30pm

Duration:1hr

No of participants:

Type of

Activity: Campus

## **Details**

"Earth without ozone is like a house without a roof"



NSS SCTCE celebrated Ozone Day on 17/09/19 from 12:30 pm to 01:30 pm at the college premises. A Chart making competition was conducted among the volunteers. The volunteers were enthusiastic to showcase their talents and increase their knowledge about the ozone layer and delved deeper into the competition. The competition emphasized the importance of the ozone layer for sustaining life on the planet. The program was in line with the vision of NSS SCTCE of paving the way towards a greener and brighter future.



## Venue:SCTCE Date:18/09/19 Time:12:30pm-01:30pm Duration:1hr No of participants: Type of Activity:Campus

## <u>Details</u>

"You don't get anything clean without getting something else dirty. "

NSS SCTCE conducted a cleaning drive on 18/09/19 from 12:30 pm to 01:30 pm at the college premises. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. Reaffirming its stand on a cleaner and healthier country, the campus was cleaned in the drive. The program emphasized the importance of cleanliness to the younger generation of the country.

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## POSHAN ANDOLAN-CHART MAKING DAY 1

Venue:SCTCE

Date:18/09/19

Time:04:30pm-05:30pm

Duration:1hr

No of participants:

Type of

Activity: Campus

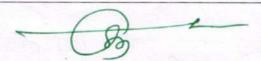
## <u>Details</u>

"Let food be thy medicine and medicine be thy food"

~Hippocrates



NSS SCTCE conducted a chart making program in association with Poshan Andolan on 18/09/19 from 04:30 pm to 05:30 pm in the college premises. Poshan Andolan is an initiative of the Ministry of Women and Child Development aimed at increasing nutrition awareness among the public. The volunteers of NSS SCTCE took it their mission to change the food habits of the society targetting the younger generation. Charts were composed providing knowledge about the various foods. The volunteers took extra care in ensuring that the charts would be readable to a layman.



## SOFT SKILL DEVELOPMENT PROGRAM

Venue:SCTCE Ti

Date:21/09/19

Time:09:00am-01:00pm

Duration:4hrs

No of participants:

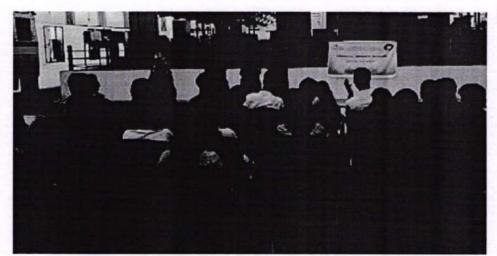
Type of

THEOLING HE WITH

Activity:ORTN

## Details

"Study without desire spoils the memory, and it retains nothing that it takes in."



Leonardo da Vinci

NSS SCTCE conducted a soft skill development program on 21/09/19 from 09:00 am to 01:00 pm at the college premises. The volunteers of NSS SCTCE were encouraged to speak and increase their soft skills at the program. This was in line with the mission of NSS SCTCE of ensuring soft skill development among the younger generation. The volunteers interacted with seniors on various issues providing their opinions and perspectives. The event was an immense success with the participants offering their gratitude. The volunteers were also introduced to the experiences of ex-volunteers of NSS SCTCE.

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## POSHAN ANDOLAN-CHART MAKING DAY 2

Date: 24/09/19

Venue:SCTCE | Time:10:30am-12:30pm

Duration: 2 hrs

No of participants:

Type of

Activity: Campus

## Details

"The doctors of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition." Thomas Edison



NSS SCTCE conducted a chart making program in association with Poshan Andolan on 24/09/19 from 10:30 am to 12:30 pm in the college premises. Reaffirming on its mission of educating the society about the importance of food and nutrition, Volunteers of NSS SCTCE composed charts for the same. Poshan Andolan is an initiative of the Ministry of Women and Child Development aimed at increasing nutrition awareness among the public. The volunteers of NSS SCTCE took it their mission to change the food habits of the society targetting the younger generation. The volunteers took extra care in ensuring that the charts would be readable to a layman.

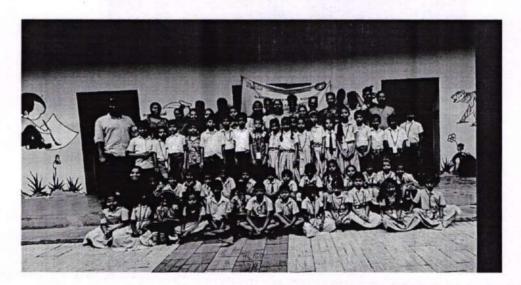




	EXHI	BITION	
Venue:Pappanamcode	Date:24/09/19 Time:12:30pm- 03:30pm Duration:3hrs	No of participants:	Type of Activity:CMTY

## Details

"What we want is to see the child in pursuit of knowledge, and not knowledge in pursuit of the child."



-George Bernard Shaw

NSS SCTCE coordinated an exhibition program at Govt LP School, Pappanamcode on 24/09/19 from 12:30 pm to 03:30 pm. The program was in association with Poshan Andholan as well as NSS day celebrations. The volunteers of NSS SCTCE educated the students of the school about the importance of food and nutrition. The students were appraised about the various types of foods to consume as well as avoid. The volunteers interacted with the students, answering their doubts and ensuring that the students grasped the importance of the subject. The charts that were composed were shown to the students at the exhibition. The program was in line with the mission of NSS SCTCE

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PLASTIC AW	ARENESS	
Date:02/10/19 Time:10:00am- 02:00pm Duration:4 hrs	No of participants:	Type of Activity:CMTY

## **Details**

"Plastics give a helpful hand, but they are polluting our land!"

As part of Gandhijayanthi Celebrations, NSS SCTCE in association with CISSA conducted a Program at Manaveeyam on 02/10/19 from 09:00 am to 01:00 pm. The event was conducted with the aim of educating the people about the ban of single use plastics and the adverse effects of single use plastics on the environment as well as to all living beings including human beings. The program was paramount in the efforts of the Government of India to make the country free from single use plastics before 2022. The event was in line with the vision of NSS SCTCE of a safer, greener and cleaner India.

## CLEANING AT LP SCHOOL Date:02/10/19 No of Type of

Venue:PAPPANAMCODE Time:10:00am-02:00pm Duration:4 hrs Activity:CMTY

## **Details**

"You don't get anything clean without getting something else dirty."

-Cecil Baxter



As part of Gandhijayanthi Celebrations, NSS SCTCE organized a cleaning drive on 02/10/19 from 10:00 am to 02:00 pm at LP School, Pappanamcode. The volunteers of NSS SCTCE cleared the grass and dense weeds that inhabited the school which would have become the home of reptiles. The volunteers ensured that the campus was suitable for the young minds of the country and eradicated the campus from plastic wastes. The program was in line with the vision of NSS SCTCE of a greener and cleaner country.

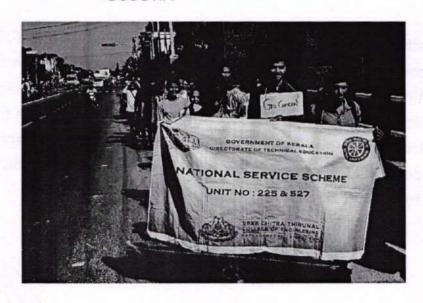


# Venue:PAPPANAMCODE Date:02/10/19 Time:08:00am10:00am Duration:2 hrs No of participants:49 Activity:CMTY

## **Details**

"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."

## -BUDDHA



As part of the Fit India Movement, NSS SCTCE conducted a plogging run on 02/10/19 from 08:00 am to 10:00 am. The program took place from Kaimanam to Karakkamandapam. Fit India Movement is a Flagship Program of Government of India to make the citizens of the country physically as well as mentally fit. As part of Gandhijayanthi Celebrations, the volunteers also ensured the cleaning of the streets during the run and made the area near Pappanamcode clean. The Program was in line with the vision of NSS SCTCE of a healthier and greener country.





## SKILL DEVELOPMENT PROGRAM

Venue:SCTCE

Date:12/10/19

Time:09:30am-12:30pm

Duration:3 hrs

No of participants:

Type of

Activity: CAMPUS

## Details

"Skill and confidence are an unconquered army."

-George Herbert

NSS SCTCE conducted a skill development program on 12/10/19 from 09:30 am to 12:30 pm at the college premises. The program was organized to aid the students in their fight against plastic. The participants were taught to make paper bags so that their dependency on plastic bags decreases. The event was a huge success as the participants participated enthusiastically and pledged to reduce the usage of plastic bags as much as possible. The program was in line with the aim of NSS SCTCE of a plastic-free society which is cleaner and greener.

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## STRAW AWARENESS

Venue:SCTCE

Date:11/10/19

Time:04:00pm-05:00pm

Duration:1 hr

No of participants:

Type of

Activity:ORTN

## **Details**

"We are being choked to death by the amount of plastic that we throw away. It's killing our oceans. It's entering into our bodies in the fish we eat."

## -Kevin Bacon

NSS SCTCE conducted an awareness program on 11/10/19 from 04:00 pm to 05:00 pm at the college premises. The event was organized to increase the awareness of the adverse effects of plastic on the Environment. The event highlighted the banes of the overuse of plastic which outweighs the boons of plastic. The participants were informed about the impact of plastic and its pollution to the marine ecosystem and thus indirectly affecting human lives. The event was in line with the vision of NSS SCTCE of a plastic-free environment and a cleaner and greener future.





## Venue:SCTCE Date:15/10/19 Time:09:30am-11:30am Duration:2hr No of participants: Type of Activity:Campus

## Details

"We are being choked to death by the amount of plastic that we throw away. It's killing our oceans. It's entering into our bodies in the fish we eat."

### -Kevin Bacon

NSS SCTCE conducted an anti-straw campaign program on 15/10/19 from 09:30 am to 11:30 pm at the college premises. The event was organized to increase the awareness of the adverse effects of plastic on the Environment. The volunteers of NSS SCTCE visited all the classes in the college enlightening the students and encouraging them to fight for the nature. The event highlighted the banes of the overuse of plastic which outweighs the boons of plastic. The participants were informed about the impact of plastic and its pollution to the marine ecosystem and thus indirectly affecting human lives. The event was in line with the vision of NSS SCTCE of a plastic-free environment and a cleaner and greener future.

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## FOOD FEST

Venue:SCTCE

Date:18/10/19

Time:12:00pm-02:00pm

Duration:2hrs

No of participants:

Type of

Activity: Campus

## Details



You can tell alot about a fellow's character by his way of eating jellybeans.

-Ronald Reagan

NSS SCTCE organized a food fest titled "Aluvayum Mathikariyum" on 1810/19 from 12:00 pm to 02:00 pm in the college premises. The event was conducted to encourage good food choices among the younger generation. The program intended to help the society find a healthier option while not compromising on taste. The volunteers prepared the food items which were displayed during the fest. The traditional cuisines, as well as new dishes, gathered the attention of the visitors who relished the food. The program was in line with the mission of NSS SCTCE of a healthier country.

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	<b>MAPATHON</b>	INAUGRATION	
Venue:SCTCE	Date:23/10/19 Time:01:30pm-04:30pm Duration:3hrs	No of participants:	Type of Activity:Campus

## Details

There's no disaster that can't become a blessing, and no blessing that can't become a disaster.

### -Richard Bach

The inauguration of the Mapathon program was organized on 2/10/19 from 01:30 pm to 04:30 pm at SCT College of Engineering, Pappanamcode. The event was organized by the volunteers of NSS SCTCE. Mapathon project is an initiative of the Government of Kerala to make Kerala self-reliant to face disasters by creating a map of the state. The inauguration was done by Chief Minister Pinarayi Vijayan. Eminent guests like K.T Jaleel (Minister for Higher Education), A.K Saseendran (Minister of Transport), O Rajagopal MLA were present among others.

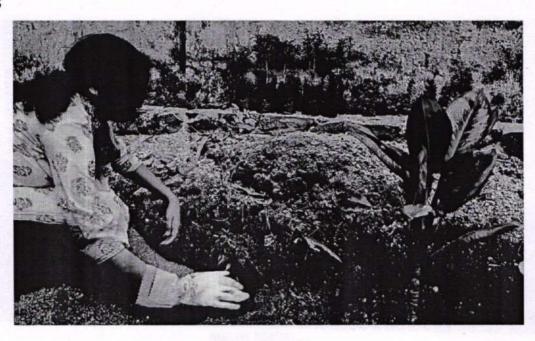
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## UDHYANAM Date:28/10/19 Venue:Sreekaryam Date:28/10/19 Time:08:00am-01:00pm Duration:5hrs No of participants: Type of Activity:CMTY

## **Details**

"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another."

## ChrisMaser



NSS SCTCE conducted Udhyanam Program on 28/10/19 from 08:00 am to 01:00 pm at Sreekariyam. The program was aimed at converting a wasteland into a beautiful garden. The volunteers of NSS SCTCE cleaned the patch of land making it devoid of plastic and other wastes. Then they embarked on a journey to make the land a garden. The volunteers planted saplings in the land. The program was in line with the vision of NSS SCTCE of a greener and cleaner future.



## AHAM LAKSHYA

Venue:SCTCE

Date:30/10/19

Time:04:30pm-05:30pm

Duration:1hr

No of participants:

Type of

Activity:ORTN

## Details

"No one knows what you have been through or what your pretty little eyes have seen, but I can reassure you ~ whatever you have conquered, it shines through your mind."



- Nikki Rowe

NSS SCTCE organized an orientation program for Aham and Lakshya on 30/10/19 from 04:30 pm to 05:30 pm at the college premises. Aham and Lakshya are two of the flagship programs of NSS SCTCE conducted to empower the younger generation of the country. These programs are focused towards the school and college students to motivate and guide them to achieve their goals. The volunteers were informed about the various responsibilities and were enlighted with the ways to help the students. The program was in line with the mission of NSS SCTCE of a brighter and greener future.



## RASHTRIYA EKATHA DIVAS

Date:31/10/19

Venue:SCTCE Time:04:00pm-05:00pm

Duration:1hr

No of participants:

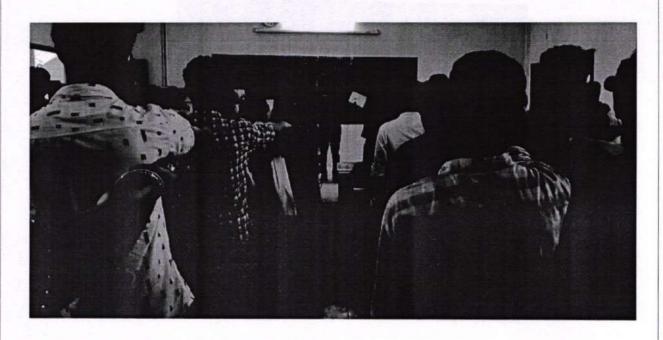
Type of

Activity:ORTN

## Details

"We are only as strong as we are united, as weak as we are divided."

- J.K. Rowling,



NSS SCTCE organised an orientation program as part of "Rashtriya Ekatha Divas" on 31/10/19 from 04:30 pm to 05:30 pm at the college premises. Rashtriya Ekatha Divas or National Unity Day is a day celebrated in memory of Sardar Vallabhai Patel, the Iron Man of India. The volunteers took the pledge of upholding the unity of the country. The volunteers were enlighted with the contributions of Sardar Vallabhai Patel as a freedom fighter as well as the First Home Minister of the country.

## SUSTAINABLE PERIODS

Venue:SCTCE

Date:13/11/19

Time:04:30pm-05:30pm

Duration:1hr

No of participants:

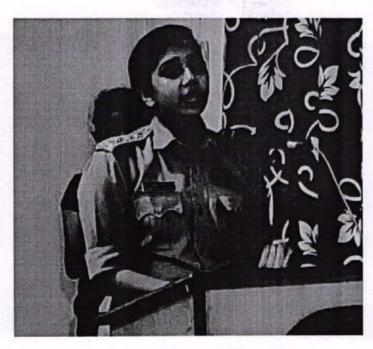
Type of

Activity:ORTN

## **Details**

"When she bleeds the smells I know change colour. There is iron in her soul on those days. She smells like a gun."

Jeanette Winterson



NSS SCTCE organised an awareness session on Sustainable Periods on 13/11/19 from 04:30 pm to 05:30 pm at the college premises. The event was inaugurated by the chief guest Ms. Aishwarya Dongre IPS (Assistant commissioner of police, Shanghumugham) who interacted with the students sharing her experience as well as providing guidance. The session was handled by Dr. Revathy P. S. and Sreepriya Murali which involved an interactive talk with the volunteers of NSS SCTCE on sustainable Menstruation and hygiene.

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## KINDERGARTEN PAINTING

Venue:Pappanamcode

Date:16/11/19

Time:10:00am-4:00pm

Duration:6hrs

No of participants:

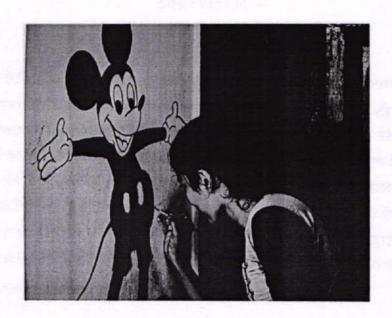
Type of

Activity: CMTY

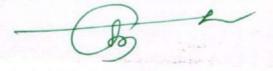
## Details

"We must restore hope to young people, help the old, be open to the future, spread love. Be poor among the poor. We need to include the excluded and preach peace."

-Pope Francis



NSS SCTCE conducted a kindergarten painting program on 16/11/19 from 10:00 am to 04:00 am at a kindergarten in Pappanamcode. The program was aimed at making the kindergarten more children friendly. The volunteers of NSS SCTCE painted the walls of the institution and filled them with cartoon characters and other drawings. The volunteers converted the dull walls with cartoon characters. The program was part of the initiative of NSS SCTCE of empowering the small children of the society.





## Venue:Sreekariyam Date:16/11/19 Time:10:00am-04:00pm Duration:6hrs No of participants: Type of Activity:ORTN

## Details

"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."

### - Nikola Tesla

NSS SCTCE coordinated a program on Energy Management on 16/11/19 from 10:00 am to 04:00 pm at Energy Management Centre, Sreekariyam. Energy Management was paramount in the rise of India as a superpower and as a developed country. The program was aimed at informing the participants about the importance of Energy Management. The program provided insight on how to optimally use Energy and reduce the excessive use of energy. The participants were enlightened about the various types of Energy Management Techniques and how to implement these in a practical way. The program was in line with the vision of NSS SCTCE of a brighter and greener future.

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CHIRDWAL LINES

	NUTRITION	NAL HABITS	
Venue:Chirayinkeezhu	Date:16/11/19 Time:10:00 am- 04:00pm Duration:6hrs	No of participants:	Type of Activity:ORTN

## Details

"The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison."

## - Ann Wigmore

NSS SCTCE coordinated an orientation program on Nutritional habits on 16/11/19 from 10:00 am to 04:00 pm at Musaliar College of Engineering, Trivandrum. The program was intended to increase awareness among the younger generation of the society about the importance of food choices. The volunteers were enlightened with tips on how to eat healthy and be conscious about what goes into their bodies. The event emphasized the crucial role of proteins and vitamins in our bodies and the problems that might occur due to their deficiencies. The volunteers were educated about food safety and reduce the risk of food poison.



## **BLOOD DONATION CAMP**

Venue:SCTCE

Date:25/11/19

Time:09:30am-01:30pm

Duration:4hrs

No of participants:

Type of

Activity: Campus

## Details

"A single pint can save three lives, a single gesture can create a million smiles".



NSS SCTCE coordinated a blood donation camp on 25/11/19 from 09:30 am to 01:30 pm at the college premises. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. Teachers, as well as students of the College, participated in the camp resulting in the immense success of the camp. The camp paved a way to encourage voluntary blood donation in line with the mission of NSS SCTCE of a healthier and safer country. The doctors expressed their gratitude for the success of the camp.

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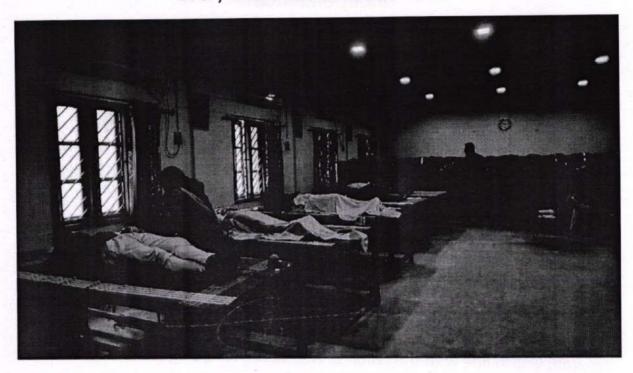
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## **BLOOD DONATION CAMP**

Venue:SCTCE	Date:25/11/19 Time:09:30am-	No of participants:	Type of Activity:Campus
	01:30pm		
	Duration:4hrs		

Details
"Every blood doner is a life saver"



On 25<sup>th</sup> November 2019, from 09:30 am to 01:30 pm, NSS SCTCE conducted a BLOOD DONATION CAMP in the college premises. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. The active participation of the students and the teachers made the camp an immense success. The doctors expressed their gratitude for the success of the camp. The camp proved to be a way to encourage voluntary blood donation in hand with the mission of NSS SCTCE of a healthier and safer country.

## **ENERGY MANAGEMENT**

Venue:Sreekariyam	Date:16/11/19	No of	Type of
and the second second	Time:10:00am- 04:00pm	participants:	Activity:ORTN
	Duration:6hrs		

## Details

"Energy conservation is the foundation of energy independence"

-Tom Allen

16<sup>th</sup> November 2019,NSS SCTCE coordinated a program on Energy Management at Energy Management Centre, Sreekariyam,from 10:00 am to 04:00pm. Energy Management is paramount in the rise of India as a superpower and as a developed country. The program was focused to enlighten the youth about the importance of Energy Management. The program provided insight on how to optimally use Energy and reduce the excessive use of energy. This program was a success as the participants were enlightened about the various types of Energy Management techniques and were able to understand how to implement them in a practical way. The program was in line with the vision of NSS SCTCE for a brighter and greener future of our economy.

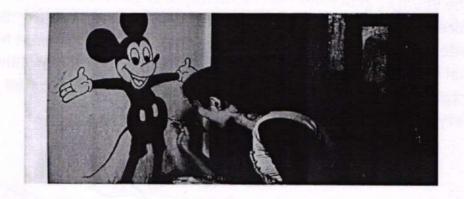
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## **KINDERGARTEN PAINTING**

Venue:Pappanamcode	Date:16/11/19	No of participants:	Type of
	Time:10:00am- 4:00pm	participants.	Activity:CMTY
	Duration:6hrs		
	ALAST .		

Spread love everywhere you go. Let no one ever come to you without leaving happier.

-Mother Teresa



16<sup>th</sup> November 2019,from 10:00 am to 04:00 pm ,NSS SCTCE conducted a kindergarten painting program at an 'Anganavadi' in Pappanamcode. The aim of the program was to make the environment more children friendly. The walls of the institution WAS filled with cartoon characters and other drawings by the volunteers of NSS SCTCE. The dull walls was full with cartoon characters by the volunteers. The program was part of the initiative of NSS SCTCE for the children of the society.





## **NUTRITIONAL HABITS**

Venue:Chirayinkeezhu	Date:16/11/19	No of participants:	Type of
	Time:10:00 am-	and the second	Activity:ORTN
	04:00pm		
	Duration:6hrs	addisological.	

## Details

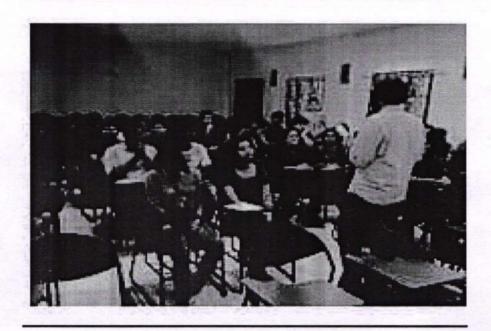
"Poor eating habits developed at an early age leads to a lifelong of real health consequence" -Richard.J.Codey

On 16<sup>th</sup> November 2019, from 10:00 am to 04:00 pm, NSS SCTCE coordinated an orientation program on Nutritional habits at Musaliar College of Engineering, Trivandrum. The aim of the program was to increase awareness among the younger generation of the society about the importance of their food choices. The volunteers were educated with tips on a healthy diet and were made conscious about what goes into their bodies. The event highlighted the crucial role of proteins and vitamins in our bodies and the problems that might occur due to their deficiencies. The volunteers were educated about food safety and reduce the risk of food poison.

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## **YOUTH QUIZ**

Venue: SCTCE Date:14/01/2020 No of participants Type of Activity: Campus Duration:1 hr

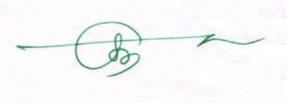


## **Details**

"Improve your knowledge, your voice will be automatically improved..!"

-Martin Luther King

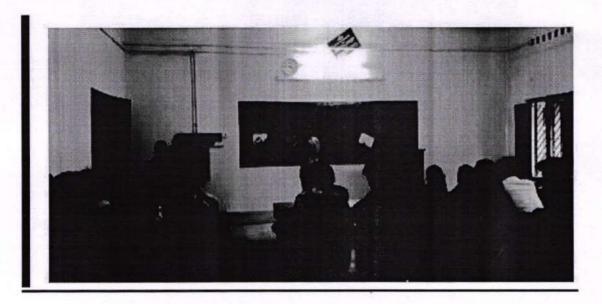
NSS SCTCE conducted a Youth Quiz programme on 14/01/2020 from 12:30pm-1:30pm at the college premises as a part of National Youth Day celebration. This event was organised to improve the knowledge of youth. The volunteers of NSS SCTCE participated in competition and this event was conducted in the form of game or mind sport in which participants attempted to get right answer. This programme ignited the youth to be the flying colour of tomorrow.





## **ORIENTATION FOR THIRD YEARS**

Venue: SCTCE	Date:14/01/2020 Time:04:30pm- 05:30pm	No of participants	Type of Activity: Orientation
	Duration:1 hr		



## **DETAILS**

"When the winds of change blow, some people build walls and others build wind walls .....!"

-Young Pueblo

NSS SCTCE organised an orientation programme for third year students on 14/01/2020 from 04:30pm to 05:30pm at the college premises. The aim of the programme was to conduct an effective interaction between programme officers and volunteers. The orientation programme gave basic knowledge about NSS which is not so familiar with NSS volunteers. Discussions were conducted regarding all sorts of programmes and orientation classes that could be arranged during the successive day's .The volunteers presented various ideas regarding programmes to be conducted.

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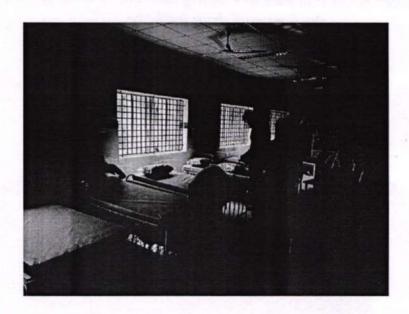
## SHANTHIVILA HOSPITAL CLEANING

Venue: Shanthivila Date:15/01/2020 No: of participants Type of Activity: Community Duration: 3hrs

## **Details**

"Nothing inspires cleanliness more than an unexpected guest."

Radhika Mundra



As part of National Youth Week, NSS SCTCE administrated a cleaning drive on 15/01/2020 from 9am to 12pm at Govt. Taluk Hospital. The ultimate intention of the program was to make the hospital opportune for their use. After the program the hospital was ready to use and free for all. This program became a helping hand to NSS Volunteers in the sense of commitment towards our society.



## **ANTI-NARCOTICS ORIENTATION**

Venue:	Date:16/01/2020	No of participants	Type of Activity:
SCTCE	Time:11:00am-		Orientation
	12:30pm Duration:1 hr	Talbert La	

## **Details**

"Parents are key when it comes to keeping kids out of drug, good parenting is the best anti-drug we have....."



NSS SCTCE in accordance with Kerala Government organised an antinarcotics awareness class on 16/01/2020 from 11:30 am to 12:30 pm at the college premises. The event was organised to increase awareness about the adverse effect of drugs on youth. 'Just say no and choose to refuse'. The class was conducted by Excise Circle Inspector Mr.Shibu. pointing the dangerous effects of drug and alcohol use .Empowerment of youth was the main aim of the programme.

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## **CLEANING AT COLLEGE**

Venue: SCTCE	Date:16/01/2020 Time:04:30pm-06:30pm Duration:2 hrs	The first of the f	Type of Activity: Campus
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## **Details**

"From time to time, one must release the grime built up inside them to free emotions like ocean......"

- Suzzy Kassem.



NSS SCTCE conducted a cleaning drive at college on 16/01/2020 from 04:30 pm to 06:30 pm. The event was organised to start clean campus programme. People usually tend to forget that even the tiniest bit of plastic thrown away can cause great damage to our dooming planet. The NSS volunteers joined their hands and cleaned the patch of land making it devoid of plastic and other wastes. The programme was in lines with the mission of NSS SCTCE for a greener future.



## FIT INDIA WALKATHON

Venue: PAPPANAMCODE Date:18/01/2020 Time:07:30am-09:30am

09:30am Duration: 2hrs No: of participants

Type of Activity: Community

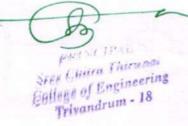
## **Details**

"It is health that is real wealth and not pieces of gold and silver."

\_Mahatma Gandhi\_



On 18/01/2020 NSS SCTCE conducted a Walkathon from 07:30 am to 09:30 am as part of the Fit India Cyclathon. The Walkathon started from Kaimanam and ended up in Karakkamandapam. Fit India Cyclathon is a Flagship Program of Government of India to make the citizens of the country physically as well as mentally fit. The program was conducted to create awareness among the youths of the country about the importance of being physically and mentally strong. The vision of NSS SCTCE through this program was to make the society a healthier and greener one.





# REPUBLIC DAY CELEBRATION

Venue: SCTCE

Date:26/01/2020 Time:07:30am-

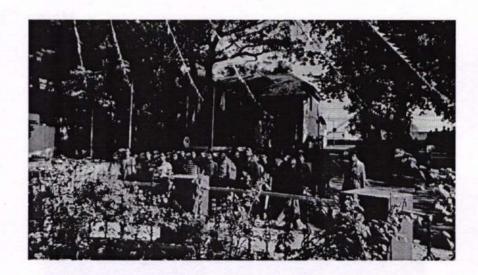
09:30am Duration: 2hrs No: of participants

Type of Activity: Campus

## **Details**

"We gain freedom when we have paid the full price..."

Rabindranath Tagore



On 26/01/2020 NSS SCTCE organized and celebrated 71<sup>st</sup> Republic Day from 07:30am to 09:30am at the college premises. The ceremony commenced with the hoisting of National Flag by the principal of SCTCE in which the principal, program officers and other staffs delivered their Republic Day message. The patriotic songs aroused the feeling of love and brotherhood among all.



## **OLD AGE HOME VISIT**

Venue: TRIPPADAM OLD AGE HOME NEDUMANGADU Date:26/01/2020 Time:10:00am-03:00pm

Duration: 5hrs

No: of participants

Type of Activity: Community

## **Details**

"Spread love everywhere you go. Let no one ever come to you without leaving happier."

Mother Theresa



In connection with the 71<sup>st</sup> Republic Day celebration, NSS SCTCE organized a old age home visit on 26/01/2020 from 10:00am to 03:00pm at Trippadam old age home Nedumangadu.NSS SCTCE Students union and Cult A Way joined hands together to interact and spread happiness among the occupants with beautiful mind. The Volunteers interacted very actively with the occupants and celebrated Republic Day together. NSS Volunteers got priceless memories and a lot of humanitarian values through this old age home visit

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## **CLEANING AT COLLEGE DAY 1**

Venue:SCTCE

Date: 19/02/20

Time:04:30pm-06:30pm

Duration: 2 hrs

No of participants:

...

Type of Activity: CAMPUS

## **Details**



NSS SCTCE has conducted a cleaning program on 19 February 2020 from 04:30 pm to 06:30 pm at college premises. The volunteers of NSS SCTCE cleaned the campus. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. The program emphasized the importance of cleanliness to the younger generation of the country.





## **CLEANING AT COLLEGE DAY 2**

Venue:SCTCE

Date: 20/02/20

Time:04:30pm-

06:30pm Duration: 2 hrs No of participants:

Type of Activity: CAMPUS

## **Details**



NSS SCTCE has conducted a cleaning program on 20 February 2020 from 04:30 pm to 06:30 pm at college premises. The volunteers of NSS SCTCE cleaned the campus. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. The program emphasized the importance of cleanliness to the younger generation of the country.

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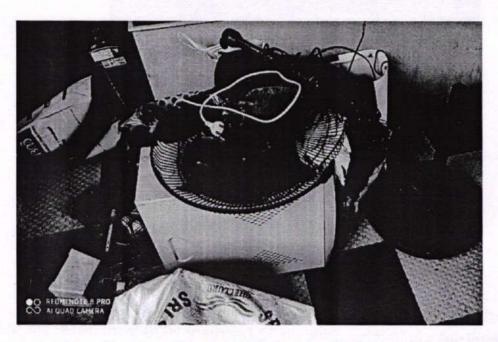
## **E-WASTE MANAGEMENT DAY 1**

Venue:PAPPANAMCODE Time:09:00am-

Date:21/02/20

03:00pm Duration:6hr No of participants: Type of Activity: CMTY

## **Details**



NSS SCTCE organized a collection drive on 21 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.





## **E-WASTE MANAGEMENT DAY 2**

Venue:PAPPANAMCODE

Date:22/02/20 Time:09:00am-

03:00pm Duration:6hr No of participants:

Type of Activity: CMTY

## Details



NSS SCTCE organized a collection drive on 22 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.

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## **E-WASTE MANAGEMENT DAY 3**

Venue: PAPPANAMCODE

Date:23/02/20 Time:09:00am-

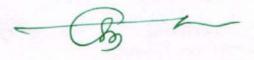
03:00pm Duration:6hr No of participants:

Type of Activity: CMTY

## Details



NSS SCTCE organized a collection drive on 23 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.





## KASHMIR YOUTH EXCHANGE PROGRAM

Venue: VJT HALL

Date:24/02/20

Time:10:30am-04:30pm

Duration:6hr

No of participants:

Type of Activity:CMTY

## Details



The volunteers of NSS SCTCE attended a Kashmir Youth Exchange Program on 24 February 2020 from 10:30 am to 04:30 pm at VJT hall, Palayam. The program was conducted by Nehru Yuva Kendra Sangathan under the Ministry of Youth Affairs. The program was inaugrated by the Honourable Governor of Kerala, Shri Arif Mohammed Khan. The volunteers interacted with the participants from Jammu and Kashmir sharing the experiences and embracing the differences. The program was conducted with an aim of national integration increasing the cultural and social exchange of the citizens of the country.

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# Pate:25/02/20 Venue:SCTCE Date:25/02/20 Time:04:30pm-06:30pm Duration:2 hr Date:25/02/20 No of participants: Type of Activity:ORTN

## **Details**



NSS SCTCE conducted an interaction program with S. Janavarshini on 25 February 2020 from 04:30 pm to 06:30 pm at the college premises. S. Janavarshini attended the Republic Parade held at New Delhi as part of the NSS contigent. The experiences of the camp and parade was shared with the volunteers. The volunteers were delighted with the experience. The volunteers were motivated and the notion of democracy was upheld. The volunteers understood the advantages of being an NSS volunteer.



# INTERACTION WITH GANDHISMRUTHI RIDERS Date:27/02/20 Venue:SCTCE Date:04:30pm-06:30pm Duration:2 hr

## **Details**



NSS SCTCE conducted an interaction program with the riders who attended the All Kerala Cycle Rally 'Gandhismruthi' conducted by NSS KTU cell as part of the 150<sup>th</sup> Birthday of Mahatma Gandhi from 20/12/2019 to 25/12/2019. The ride was conducted from Trivandrum to Kasargode. The riders were honoured by NSS SCTCE. The riders shared their experiences of participating in such a rally. The volunteers were awed with their experiences.

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## **NATURE CAMP**

Venue: Shendurny

Date:28/02/20 - 29/02/20

Time:

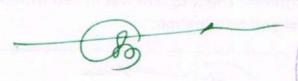
Duration:2 Days

No of participants:

Type of Activity:CAMP



NSS SCTCE organized a nature camp at Shendurny Wildlife Sanctuary from 28/02/20 to 29/02/20 for the third year volunteers. The volunteers were accompanied by the Programme Officers in the journey of connecting with nature by experiencing the beautiful forest of Shendurny Wildlife Sanctuary. The officials of the Sanctuary welcomed the volunteers and enlightened them about the Sanctuary. The officials were very friendly and the volunteers formed a bond with them. The volunteers participated in a trek through the forests taking in the view of the nature and breathing the fresh air. The volunteers were extremely delighted and their perspectives of the world changed due to the camp. The program was in lieu with the vision of NSS SCTCE of a greener and cleaner nature.





## WOMEN'S DAY ORIENTATION

Venue:SCTCE

Date:06/03/20 Time:03:30pm-

05:30pm Duration:2hr No of participants:

Type of Activity:ORTN

## Details



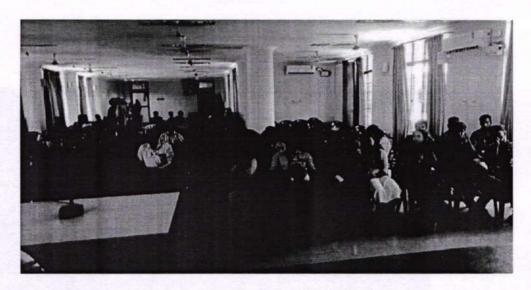
NSS SCTCE conducted an orientation program on 06/03/20 from 03:30 pm to 05:30 pm at the college premises. The program was conducted to celebrate Women's Day. The program was inaugrated by Dr Indira mam, Chairperson of Women's Doctor's Wing. Various doctors such as Dr Mohanan Nair from India Medical Association, Nemom attended the program. The volunteers were informed about the laws protecting the women of the country and were enlightened about the importance of Women in the nation building as well as for the economy of the country. The program was in lieu with the vision of NSS SCTCE about an equal and safer nation.

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# PONGALA VOLUNTEERING TRAINING Date:07/03/20 Time:12:30pm04:30pm Duration:4hr No of participants: Type of Activity:ORTN

## Details



NSS SCTCE attended a meeting held at the Collectorate, Civil Station on 07/03/20 from 12:30 pm to 04:30 pm. The meeting was held to enlighten the participants about the various duties that they have to fulfill during Attukal Pongala on 09/03/20. The volunteers were informed about their duties by the Collectorate staff as well as the District Disaster Management team. The program was in line with the vision of NSS SCTCE of giving back to the society.



## ATTUKAL PONGALA

Venue:Civil Station Date:09/03/20 Time:7:00am -

3:00pm Duration:8hr No of participants:

Type of Activity:ORTN

## Details



NSS SCTCE conducted a program during the Attukal Pongala on 09/03/20 from 07:00 am to 03:00 pm on Thampanoor-Kilipalam Area. The program was under the District Disaster Management Team. The volunteers were tasked with crowd management during the Pongala and ensuring the smooth conducting of the event in the area. The volunteers ensured that the event was successful, helping people as well as maintaining the decorum of the area. The volunteers reduced the crowd with their effective management..

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## **COVID 19 TRAINING**

Venue:

Date: 22/04/20

Time:05:00pm-06:00pm

Duration:1hr

No of participants: Type of

Activity:ORTN

## Details



The volunteers of NSS SCTCE attended an online training against Novel Coronavirus 2019. The training was conducted to educate the volunteers about covid 19 and prepare them to fight against it. The training was conducted by Ministry of Youth Affairs and all volunteers and Program Officers were expected to complete it. The event was in line with NSS SCTCE in helping the country fight against the pandemic.

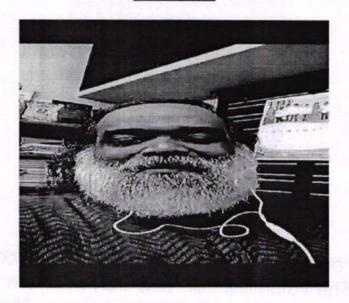
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## **COVID 19 AWARENESS BY BRAHMANAYAKAM**

Venue	Date: 10-05-2020	No. of Participants	Type of Activity
Google meet	<b>Time:</b> 07:30pm-08:30pm	and i sed Sagarat	Campus
	Duration: 1 hr.		

## **DETAILS**



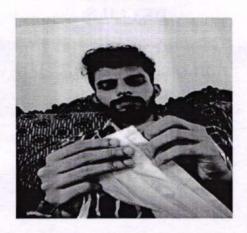
The program was hosted by Shri Brahmanayakam Sir who interacted with the students. The participants were enlighetened about the pandemic and were informed about the future if the pandemic is not eradicated. The program improved the understanding of the participants about social distancing as well as learning to live with Covid 19 virus.



## MASK MAKING TRAINING

Venue	Date: 15/05/2020	No. of Participants	Type of Activity
Google meet	<b>Time:</b> 07:00pm-08:00pm	CONTRACT SALES	Campus
	Duration: 1 hrs.	man of the little	

## **DETAILS**



NSS SCTCE organized an online mask training course on 15/05/2020. The volunteers of NSS SCTCE were trained to make masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

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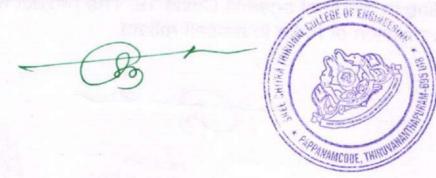
## MASK MAKING DAY 1

Venue	Date: 16/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00	trapeters and	Campus
	Duration: 2 hrs.	and the specific and the specifies of	

## **DETAILS**



NSS SCTCE organized a mask making programme on 16/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.



## **MASK MAKING DAY 2**

Venue	Date: 17/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00		Campus
	Duration: 2 hrs.	The State Control of the Control of	

## **DETAILS**



NSS SCTCE organized a mask making programme on 17/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

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## **MASK MAKING DAY 3**

Venue	Date: 18/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00		Campus
	Duration: 2 hrs.		

## **DETAILS**



NSS SCTCE organized a mask making programme on 18/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

## **AUTOMATIC HANDWASH MACHINE**

Venue	<b>Date:</b> 22-05-20 to 28-05-2020	No. of Participants	Type of Activity
Google meet	Time: 5 days		Campus
	Duration: 7 hrs.		

## **DETAILS**



NSS SCTCE conducted a Handwash Machine Making Programme on 22/05/2020 to 28/05/2020 from 09:00 am to 04:00 pm at Pappanamcode. The Automated Handwash Machine was made to aid the Regional Cancer Centre in ensuring the prevention of the spread of Covid 19. The project was in line with the vision of NSS SCTCE of a saver and healthier India.

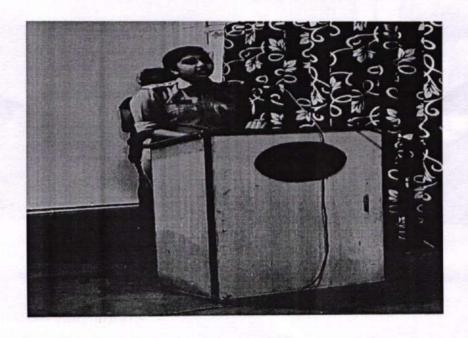


## **SUSTAINABLE PERIODS**

Venue:SCTCE	Date:13/11/19 Time:04:30pm- 05:30pm Duration:1hr	No of participants:	Type of Activity:ORTN
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### Details

"While women sheds the blood of life on each moon of menstruation, man can only shed the blood of death through warfare and killing" -Katha Pollit



13<sup>th</sup> November 2019,from 04:30 pm to 05:30 pm,NSS SCTCE organised an awareness session on Sustainable Periods in the college premises. The event was inaugurated by the chief guest Ms.Aishwarya Dongre IPS (Assistant commissioner of police,Shanghumugham) who interacted with the students by sharing her experience as well as providing guidance. The sessions were given by Dr. Revathy P. S. and Sreepriya Murali which involved an interactive talk with the volunteers of NSS SCTCE on sustainable Menstruation and hygiene.

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## PRE-CAMP ORIENTATION

Venue:SCTCE	Date:13/12/19 Time:12:30 pm- 01:30 pm Duration:1hr	No of participants:	Type of Activity:ORTN
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Details

"Individually we are one drop. Together we are an ocean"

-Ryunosuke Satoro

On 13<sup>th</sup> December 2019, from 12:30 pm to 01:30 pm, NSS SCTCE organized a pre-camp orientation at the college premises. The volunteers of NSS SCTCE were given a briefed details about the upcoming 'Seven day annual camp' to be held at Attakulangara Central High School from 20th December 2019 to 26th December 2019. The session was handled by the Program Officers of NSS SCTCE. The volunteers were informed about the rules and regulations that they have to abide during the camp. The objectives and goals of the camp were also shared with the volunteers. The volunteers were asked to uphold the dignity of the unit and ensured complete success of the camp.

